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# Family Friendly Barnet update

Health and Wellbeing Board



17 January 2019

# FF20 Vision

*To make Barnet the most Family Friendly Borough by 2020, where children, young people and their families are safe, healthy, resilient, knowledgeable, responsible, informed and listened to.*

*Children and families are more resilient | Children are more likely to live with their families*

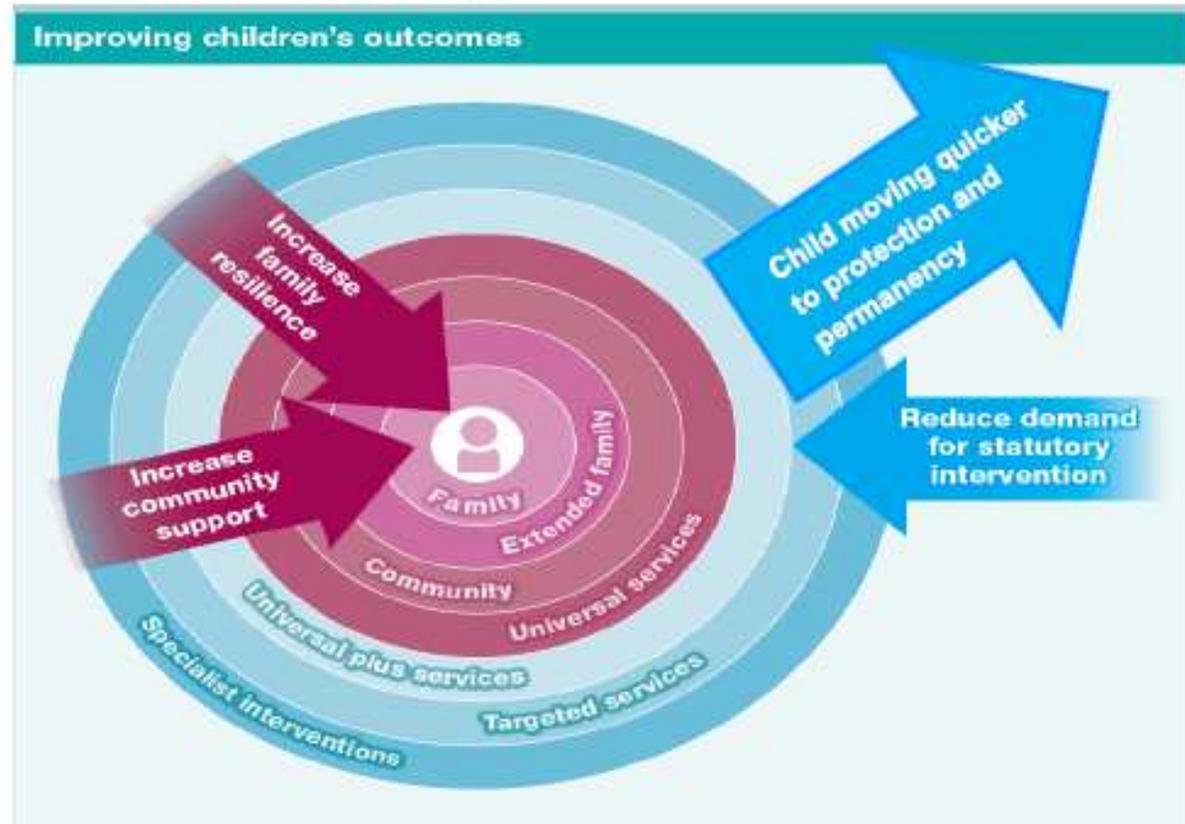
The FF20 Programme includes:

- **Resilience** social work model of **empowering**:
  - ✓ Resilient Families:
    - Resilient Children
  - ✓ Resilient Workforce
  - ✓ Resilient Leaders
- 0-25 Project
- CYPF Hubs programme
- CAMHS transformation
- UNICEF Partnership
- Barnet Youth Zone (Unitas)
- Meadow Close project
- REACH Team



# Resilience

- Resilience is the ability to bounce back from stress and adversity and take on new challenges, leading to better **outcomes** (Pearson & Hall 2006, adapted)
- Resilience means having the **3 Cs**:
  - **Control** - belief in ability to influence situations
  - **Challenge** - seeing mistakes as an opportunity for growth
  - **Commitment** - an active engagement in activities that give meaning to life (Maddi & Kobasa)



A strategy based on resilience involves looking for strengths and opportunities to build on, rather than for issues or problems to treat.

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# Strategies

## Family Services

Children and Young People Plan 2019- 2023

Corporate Parenting Strategy 2017-2020

Early Help Strategy 2018

School Improvement Strategy 2018

Service User Engagement Strategy 2018

Voice of the Child Strategy 2018

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# 0-25 Project

- In 2014, Barnet commissioned the Innovation Unit to perform research into the effectiveness of the services that work with disabled children and young people aged 0-25.
- As a result of this analysis, a 0-25 project was commissioned which aimed to merge the 0-18 Disabled Children Team (DCT) and the 19-25 Transition team into one coherent structure. The 0-25 service reorganised in September 2017.
- The service supports a strength based model of practice that aims to build families' strengths, resilience and capacity. The service **intervenes and supports families earlier** and throughout young people's transition to adulthood, building their capacity and resilience.
- Practice has improved across children and adult cases, and there is significantly better partnership working with Adult services, SEND, Health and parents; with the aim to achieve effective co-production. There is a better understanding of safeguarding within the service which means that children with disabilities are better protected.

# CYPF Hubs programme

- In September 2017, a pilot for locality based hubs for children aged 0-19 was launched, to deliver a **'whole family' approach to families with multiple needs**.
- The East-Central Locality was first to launch and introduced the first Multi-Agency Early Help Panel in September 2017. The West Locality Hub and Panel launched in January 2018, and the South Locality Hub and Panel launched in October 2018.
- Each locality pilot is overseen by a locality lead who chairs a monthly Multi-Agency Development Group which facilitates localised identification of community needs and partnership engagement, and seeks to build a strong commitment and ownership by key stakeholders including Adult services, housing and the police.
- Early Help Panels have been received well by stakeholders who have maintained consistent attendance and commitment to the approach. Family feedback has reported **prompt responses that immediately put the right professional system around the family, reducing the negative impact of a 'referral-on' culture that creates multiple layers of uncoordinated professional input.**

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# UNICEF Partnership

- Over next 3 years Barnet Council will be working with UNICEF to embed child-rights' in policies, procedures and decisions.
- Our ambition is for the borough to be recognised by UNICEF UK as a UNICEF Child Friendly Community in 2020.
- Children, young people and professionals participated in an event to explore the local context – Barnet's strengths, priorities, challenges and areas requiring improvement.
- Six outcomes were identified: Family & Belonging, Safe & Secure, Education & Learning, Cooperation & Leadership, Communication and Culture.
- Over the next 3-5 years all 6 outcomes will be assessed by an independent panel of experts.

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# Barnet Youth Zone

- A purpose built facility for young people is being built in Burnt Oak and opens summer 2019. It was named Unitas.
- Unitas was named by young people who have been involved in the design and use of the youth zone.
- Barnet council contributed £4.2million towards the £6.5m facility which is being developed with the charity OnSide.
- Once complete, it will offer young people a safe environment to socialise and engage with inspiring activities seven days a week.
- 20 activities will be on offer every day.
- The facility includes a sports hall, rooftop 3G football pitch, a martial arts studio and boxing ring, gym, climbing wall, music room with recording suite, performing arts room, media suite and wellbeing room.

# REACH Team

- The REACH team is **multi-disciplinary** and facilitates rapid and flexible holistic support from health, education, social work, family support and mental health professionals. MAC-UK have been working with REACH as a co-located partner.
- MAC-UK has used an **INTEGRATE approach** to support REACH staff to use psychologically informed approaches when engaging young people.
- The change in approach has led to some **evidence of strong child/professional relationships** which has enabled disclosures that have led to targeted disruption activity.
- Research in Practice have completed a one-year evaluation of the REACH team approach and are due to publish their final report imminently.
- The draft report indicates that REACH provide a **good level of responsive and multi-agency wrap-around** to young people at a high risk of criminal and sexual exploitation which is supporting a reduction of entry into care, repeat offending and missing from home episodes.

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# Meadow Close children's home and intervention centre project

- The refurbishment of 27 Woodside Avenue will provide a new home for six children and associated support staff currently accommodated at Meadow Close in Dollis Valley.
- As part of the development, a support facility, referred to as 'the intervention centre', will also be created.
- One of the strategic objectives of the project is to **ensure a high-quality home for young people, where intensive work can be undertaken** with children and families, to prepare children for moving into stable and long-term family settings.
- The function of the home is enhanced for young people by having the intervention centre on site. This will be a secure space where young people can explore and progress positive outcomes for their future.
- Planning permission has been approved for the refurbishment works. Practical completion and handover to LBB FS is scheduled for October 2019.

# Barnet Safeguarding Children's Partnership

- Strengthening multi-agency safeguarding arrangements across the borough, through a **newly implemented and robust quality assurance framework and programme of performance reporting, audit and review** which is helping to determine where best to target resources and support.
- A deep dive into suicide and self-harm, led by public health. A report was received by the BSCP in November 2018 with recommendations on how the support available for children and young people could be improved. This is being taken forward by two working groups looking at service pathways and continuing to work with schools through the Resilient Schools programme.
- Multi-agency audit has focussed on vulnerable adolescents and another on domestic violence and abuse.
- A thematic review of section 11 audit returns has indicated that more support is needed in helping partners work with children and young people to help hear the Voice of the Child.
- A deep dive has been started on FGM, and other harmful behaviours following facilitated discussions between partners at the VAWG conference in October 2018.

# Unaccompanied Asylum Seeking Children

- In 2018, Barnet had 66 unaccompanied asylum-seeking children, compared to an average of 34 amongst statistical neighbours.
- There have been several practice and service developments to ensure the needs of this group are met, in 2018 this included:
  - A commissioned education programme from Whitefield's School to induct unaccompanied young people into the UK and education system;
  - Creation of an initial health assessment pathway that includes specific processes for unaccompanied young people to accommodate the range of checks that need to be undertaken for this group;
  - Creation of a new unaccompanied asylum-seeking children specialist Personal Advisor role. The worker speaks Pashtu and Albanian – the two most common languages spoken by Barnet's unaccompanied young people – and has experience in dealing with the Home Office and dealing with tasks such as Human Rights Assessments. This role has been invaluable in supporting this vulnerable group of young people.

# CAMHS transformation

- **Early Help in Mental Health and Emotional Wellbeing Services**
  - 0-19 Early Help Hubs Resilience based model
  - YOT Liaison and Diversion Project
  - REACH Team
  - Online Counselling and Support for CYP (Kooth) and for parents/carers (Qwell)
  - Resilient Schools Programme
  - Expansion of Counselling Sessions not meeting tier 3 threshold
- **Integrated Clinical Service**
  - Children Emotional Wellbeing Project
  - CAMHS in schools
  - Social care clinicians

# CAMHS transformation outcomes – December '18

- Earlier identification of early mental health needs, barriers to learning and/or engagement in Statutory Orders; reducing re-offending, overcoming barriers to communication and engagement in education, training or employment.
- AMBIT/Mentalisation Based Training completed for all REACH workers.
- Young People employed as Youth Consultants, involved in training and peer mentoring.
- In 2017/18 there was an average of 116 new KOOTH registrations per month, this has risen to 185 per month in 2018/19.
- The Therapeutic Alliance reports that 89% of young people would recommend KOOTH to a friend as at Q2 2018/19.
- 16 schools recruited to Resilient Schools programme. 14 out of 16 resilient schools now have mental health leads who have completed Youth Mental Health First Aid Training. Peer Mentoring has been Commissioned.
- Case studies provided by clinicians shows positive impact on children and families and improved outcomes.

# Young People's Perception Survey results

A survey conducted every two years which provides insight into views, opinions and concerns of young people. The responses assist in better targeting and improvement of services. The information captured has informed development of the new Children and Young People Plan 2019-20223.

**84% of young people think Barnet is a family friendly place to live**

## Top personal safety concerns

The top personal safety concerns - gangs, bullying and drug taking - remain in line with last year:

- gangs (51%)
- bullying (34%)
- people taking drugs in the parks and on the streets (30%)

## Council image

Young people are more positive compared to 2016:

- council is doing a good job (73%)
- provides services young people need (71%)
- do enough to keep young people safe (68%)
- acts on the concerns of young people (66%)

## Feeling safe

More young people feel safe outdoors during the day than they did one year ago. However, fewer young people feel safe at night than they did one

year ago, which correlates with the rising concern about crime:

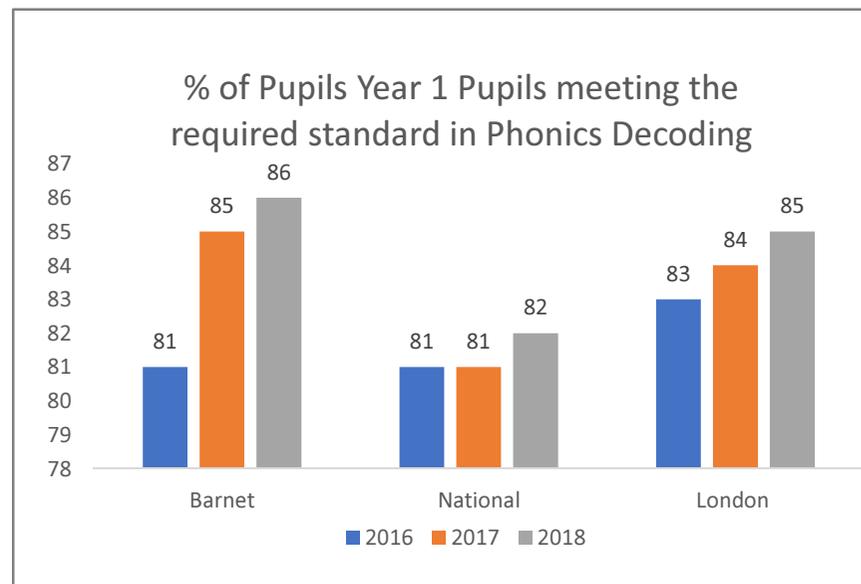
- feel safe at school (97%)
- travelling to school (95%)
- outside during the day (95%)
- outside at night (56%)

# Barnet Education outcomes

## Early Years *(Key: Green text denotes achievement in top 10% nationally)*

	2017	2018	Increase
Barnet	73.3	74.1	+0.8
National	70.7	71.5	+0.8

- The proportion of pupils achieving a Good Level of Development in Barnet is above the national and London averages.
- 2017 – Ranked 39<sup>th</sup>
- 2018 – Ranked 35<sup>th</sup>



## Phonics

- The proportion of pupils meeting the required standard in Phonics decoding in Barnet is above the national and London averages.
- 2017 – Ranked 10<sup>th</sup> (in top 10% of LA's nationally)
- 2018 – Ranked 9<sup>th</sup> (in top 10% of LA's nationally)

# Barnet Education outcomes

## Progress between KS1 and KS2

- The proportion of pupils reaching the expected standard in GPS at KS2 is above the National Average, London average and above Statistical Neighbours.
- Barnet's Rank in 2017 – 9th (within the top 10% of LA's Nationally).
- Barnet's Rank in 2018 – 9<sup>th</sup> (within the top 10% of LA's Nationally).

	Barnet	Significantly above national
Reading	+1.8	YES
Writing	+0.6	YES
Maths	+1.9	YES

## Progress 8 results

- Pupils in Barnet topped national GCSE league tables this year (August 2018). Results released by the Department for Education show Barnet was ranked second highest in the country based on Progress 8 scores, which gauge the progress made by each student during their time at secondary school.
- Barnet was behind only one other local authority and that was the Isles of Scilly, which had only 14 students sitting exams this year.

## Other relevant projects/developments:

### **OFSTED Improvement Action Plan**

Following Ofsted grading of 'inadequate' in July 2017, two improvement plans have been developed to drive improvements in Family Services and across the Partnership. Updates are reported to Children, Education and Safeguarding Committee.

### **Children and Young People's Plan 2019-2023**

Work continues on shaping a new Children and Young People's Plan. The Plan is underpinned by participation in UNICEF's Child Friendly Cities Initiative. The approach complements our 'Family Friendly' ambition and embeds child-rights in Barnet's services and delivery. Contributions have been taken from young people, elected members, council officers, heads of service and partner agencies to ensure the best outcomes.

### **16/17 homeless young people**

There has been joint working between Family Services and Housing to ensure all homeless children and young people receive appropriate assessment and support when they need it. Following introduction of Homeless Reduction Act 2018, Joint Protocol is being updated.

# Wider council

- **Greenspaces Master Plans**

- consultation and engagement with young residents on future use of green spaces.
- Engagement with local schools.
- Creation of lesson plans.

- **Regeneration strategy**

- Consultation with young people at early stage of project inception where possible.
- Lesson plans.

- **Transport Strategy**

- Engagement with healthy streets initiative.
- Inclusive consultation with schools and young people.
- Lesson plans.

- **Housing & Homeless strategy**

- Engagement with young people.
- Lesson plans.